

## Welcome to the December Club Newsletter

Visit our Website







#### Coming Up In December...

8th - Synchro Squad Training

14th - Water Polo Grand Prix

15th - Management Board Meeting

Check our **calendar** for more upcoming events for 2020!



**Christmas Office Closure** 

Please note that the East Region office will be closed from Friday 20th December 2019 until Thursday 2nd January 2020.

Please continue to send emails to regional staff who will pick up enquiries as soon as possible.



#### **Masters Manager Vacancy**

The region is still looking for a Masters Swimming Manager. Without a manager in place, it will not be possible to organise a Regional Masters Championships in 2020.

Please visit our website for more information and contact amy.bryant@swimming.org if you would like to discuss the role further.

Please share this information with anyone you feel may be interested in the role.

### **Regional Para-Swimming Training**

The next regional Para-Swimming Training is being held in Ely on **11th January** and is now ready to book via our **website**.

Coaches are welcome to attend to learn more about Para-Swimming, just **contact us** with your name, club and qualification level so we know to expect you.





# Water Polo Grand Prix Update and Water Polo Consultation Opportunity

Please be advised that the East Region Water Polo Grand Prix being held on **14th December 2019** will now start at **5.30pm**, with registration at **5pm**.

There is also a Swim England Water Polo Consultation running from 2pm - 4pm as part of a nation-wide water polo consultation process. If you would like to attend, you will need to register.

#### **Open Water Coach Development**

The region will be running an Open Water Coach

Development Day on 29th February at the

University of Hertfordshire, Hatfield.

The day will include guest speakers and will cost £25 per person. Bookings close on Friday **21st**February **2020**.





#### **Diving Officials' Workshops**

Workshops will be running in Southend on **23rd February 2020** for both Judge Level 1 and
Recorders at a cost of £5 per person.

Please visit our **website** to book by **Friday 7th February 2020**.



## **Swimming Coaching Conference**

The region will be running a Swimming Coaching Conference on **4th March 2020**.



#### Open Water Coaching Course Now Available to Book

A Level 2 Coaching Open Water course will be

The event **booking page** contains more information about the day, including guest speakers and timings.

running on **14th June 2020** and **8th August 2020** with blended learning starting on **12th June** at a cost of £325 per learner.

To book, please **contact us**. All places will be allocated on a first come, first served basis.

## Coaching and Teaching Register and Safeguarding Training

Clubs should now have all of their teachers and coaches listed on the Coaching and Teaching Register. For clubs with multiple disciplines, please ensure the register lists all coaches for all disciplines at your club.

Please also ensure that all teachers and coaches listed on the register have the expiry date of their most recent **safeguarding** course listed.





#### **Definition of Membership**

Please read **this document** for clarification on who should be a member of clubs and who has voting rights at club meetings such as AGMs.

### **Regional Staff Contacts**

Leanne Brace - East Region Development Manager leanne.brace@swimming.org

Kevin Pickard - East Region Swimming Talent Officer kevin.pickard@swimming.org

Amy Bryant - East Region Development Officer amy.bryant@swimming.org

Jo Stalley - East Region Administrator jo.stalley@swimming.org

Dean Walker - Swim England Club Development Officer dean.walker@swimming.org