



Welcome to the September Club Newsletter

Visit our Website



Coming Up In September...

- 5th - Diving Committee
- 7th - Swimming Development Camp
- 7th - Masters Committee
- 14th - Swim England East Region ACM
- 14th - Management Board Meeting
- 15th - Synchro Committee
- 21st - Para-Swimming Training
- 22nd - Synchro 15-18 Squad Trials
- 29th - Masters Championships
- 29th - Swimming Development Camp

Check our [calendar](#) for more upcoming events!



Annual Council Meeting

There's just over a week to go until our ACM at Freckenham Village Hall on **Saturday 14th September**. All papers and supporting documents can be found on our [website](#).

This is your club's opportunity to hear about the Region's plans and to ask us any questions you may have. We will also be welcoming the recipients of our Regional Awards and be electing regional discipline managers and management board members.

We look forward to seeing your Association/Club representative there!

Last Chance to Book!

Bookings for Regional Para-Swimming on **21st September** close on **Friday 13th September**. Please [visit our website](#) to book.

Bookings for **Amy Williams' motivational talk** on **22nd September** close on 11th September and are first come, first served.



Water Polo Coaching Courses

Don't forget to [register your interest](#) for both



Assistant Water Polo Coach (Level 1) and Water Polo Coach (Level 2) courses.

Once we have enough learners for a viable course, those on the list will be contacted with details of the next available course in the region.

Synchro Squad Trials

The final set of trials for the East Region Synchro Squad will take place on **22nd September**. Swimmers aged 15-18 (as at 31/12/20) who hold Figure Grade 4 or above are now able to [apply for the trials](#).

Selection criteria have been sent to all clubs in the region, the deadline for applications is **13th September 2019**.



SwimMark

There are currently 74 SwimMark accredited clubs in the East Region, covering all disciplines.

SwimMark is the quality mark for Good Governance within our sport, and is often used as a check list for clubs.

If you would like to have a chat about SwimMark, and what is involved, please [get in touch](#), and a member of staff will give you a call or come and visit your club.



Disclosure & Barring Service

Safeguarding our Sport

This is a simple reminder that all personnel that have regular contact with children and young people, must have a Swim England DBS check, and have attended a 'Safeguarding and Protecting Children and Young People' workshop.

Both elements expire after three years and must be renewed.

If you are in need of attending a Safeguarding workshop, you can find some regionally hosted ones on our [website](#).



Coach Observation Opportunities

There are plenty of coach observation opportunities, for all disciplines, both in and out of the East Region. [Get in touch](#) to find out suitable opportunities for yourself!

These opportunities include an invitation to apply to observe the Swimming National Development Camps around the country. This is the link to more information and the [application form](#).

Regional Staff Contacts

Leanne Brace - East Region Development Manager

leanne.brace@swimming.org

Kevin Pickard - East Region Swimming Talent Officer

kevin.pickard@swimming.org

Amy Bryant - East Region Development Officer

amy.bryant@swimming.org

Jo Stalley - East Region Administrator

jo.stalley@swimming.org

Dean Walker - Swim England Club Development Officer

dean.walker@swimming.org